

# Star T-Shirt

## Ages 5 and Up

These are fun to make AND wear!



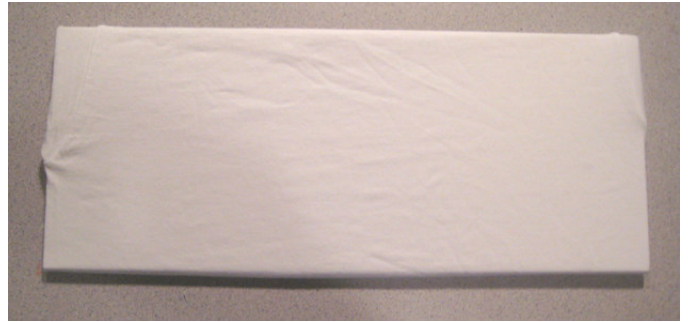
### Materials:

- White Pre-Washed Cotton T-Shirt
- Red and Blue Fabric Paints
- One Large Potato
- Star-Shaped Cookie Cutters
- Pairing Knife or X-Acto Knife
- Piece of Cardboard or Foam Core – roughly 8" x 20"

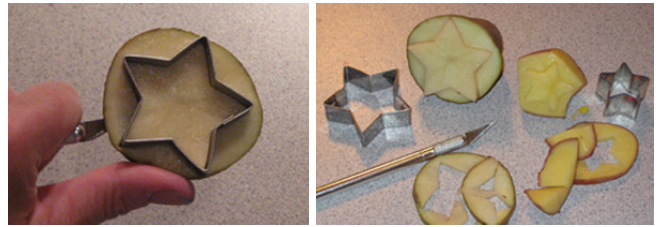
### Directions:

1. Insert the piece of cardboard into the shirt. Position the cardboard where you want your child to make her prints. Fold the excess t-shirt around to the back and secure with tape.
2. Cut your potato in half. Press a cookie cutter into the potato. Remove a ¼" layer of potato from the outside of the cutter by cutting around the cutter with a small sharp knife. Remove the cutter. Repeat for the other ½ potato.
3. Squeeze a small amount of fabric paint on to a paper plate. Instruct your child to dab the potato-star into the paint then press onto the t-shirt. She can choose a random or regular design. It will be adorable either way.
4. Once finished making star prints, set the shirt aside to dry overnight. She can wear it the next day, but wait another day before washing.

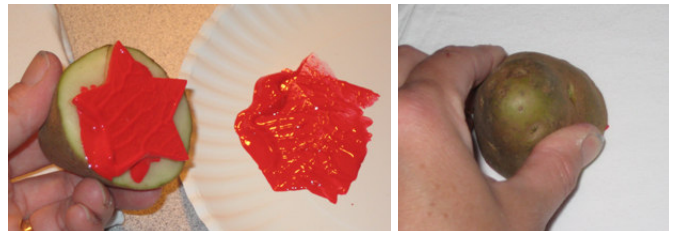
1.



2.



3.



4.

